

# COMBAT & STRENGTH



Combat and Strength is a **FREE** magazine dedicated to martial arts, combat, strength and power sports, fitness, nutrition & lifestyle.

## SPRING 2022 ISSUE

- 20K direct distribution (glossy magazine)
- 80K+ digital circulation (email database & social)
- Physical distribution to martial arts clubs, gyms, universities, personal care sector & live events.
- Issue out March 19th at the Fighters Inc 25 years Anniversary event in association with UFC GYM at UFC London O2.

## ARTICLES & FEATURES

- Shannon Lee “Be Like Water my Friend”, Bruce Lee’s daughter
- Art Davie “Is this legal”, UFC founder
- Shi Yanzi, Shaolin Temple Qigong Buddhist Meditation
- Royce Gracie, UFC Origins
- UFC Fighter Interviews & UFC GYM Training techniques

+ Products, Film & TV Previews, Recipes & Gaming.

Go to [Combatandstrength.com](http://Combatandstrength.com) to read our Autumn/Winter Arnold Schwarzenegger issue.

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